

A globe made of a mosaic of various social media and technology icons, including Facebook, Twitter, YouTube, LinkedIn, RSS, and others. The globe is shown from a low angle, curving upwards.

Helping your Son Manage Social Media

SOCIAL MEDIA: Definition

Websites and applications that enable users to create and share content or to participate in social networking.

One-to-Many relationship


Examples: Some of the most popular social media websites are **Facebook** (and its associated Facebook Messenger), **Instagram**, **WhatsApp**, Google+, Myspace, **LinkedIn**, Pinterest, **Snapchat**, Tumblr, Twitter, Viber, VK, WeChat, Weibo, Baidu Tieba, and Wikia

THE POWER OF GADGETS




With great power come great responsibility.

Uncle Ben.




**1. After Returning to In-person learning
pupils and students are generally
happy to be in school for:**

- 1. The interaction with friends**
- 2. the interaction with teachers**
- 3. sports**
- 4. the order that school provides**



2. Many are also struggling to fight addiction to gadgets which was started or intensified in 2020.



3. The School is concerned about the effect of online Mass and services on Sundays.

How to customize?



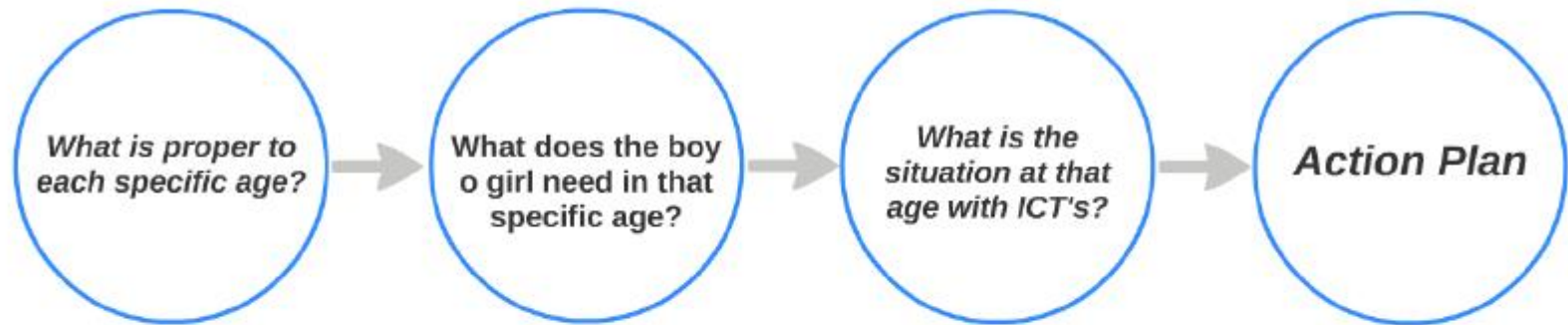
What is proper to each specific age?

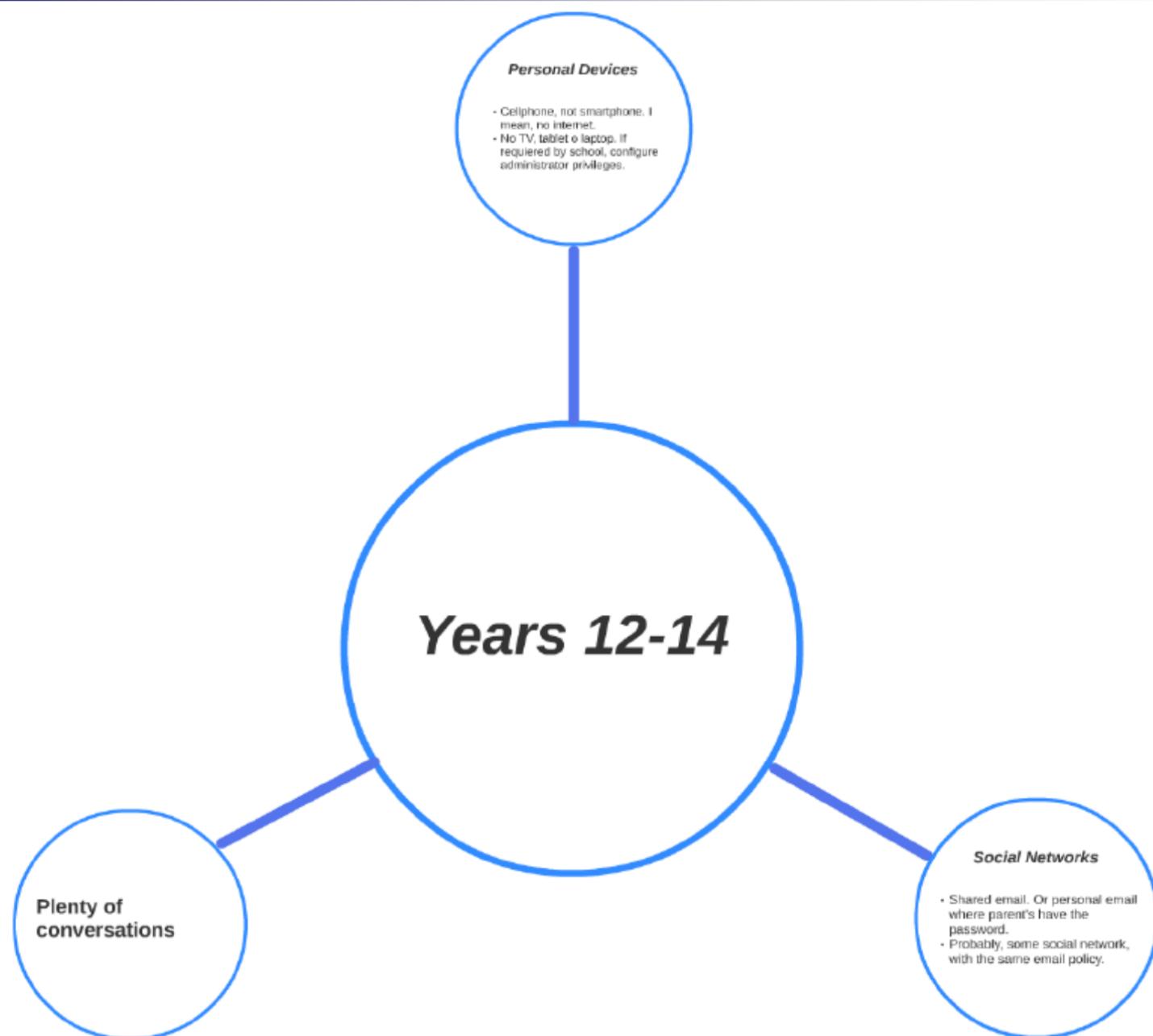
What does the boy or girl need in that specific age?

What is the situation at that age with ICT's?

Action Plan

Years 12-19





Personal Devices

- Cellphone, not smartphone. I mean, no Internet.
- No TV, tablet or laptop. If required by school, configure administrator privileges.

Years 12-14

**Plenty of
conversations**

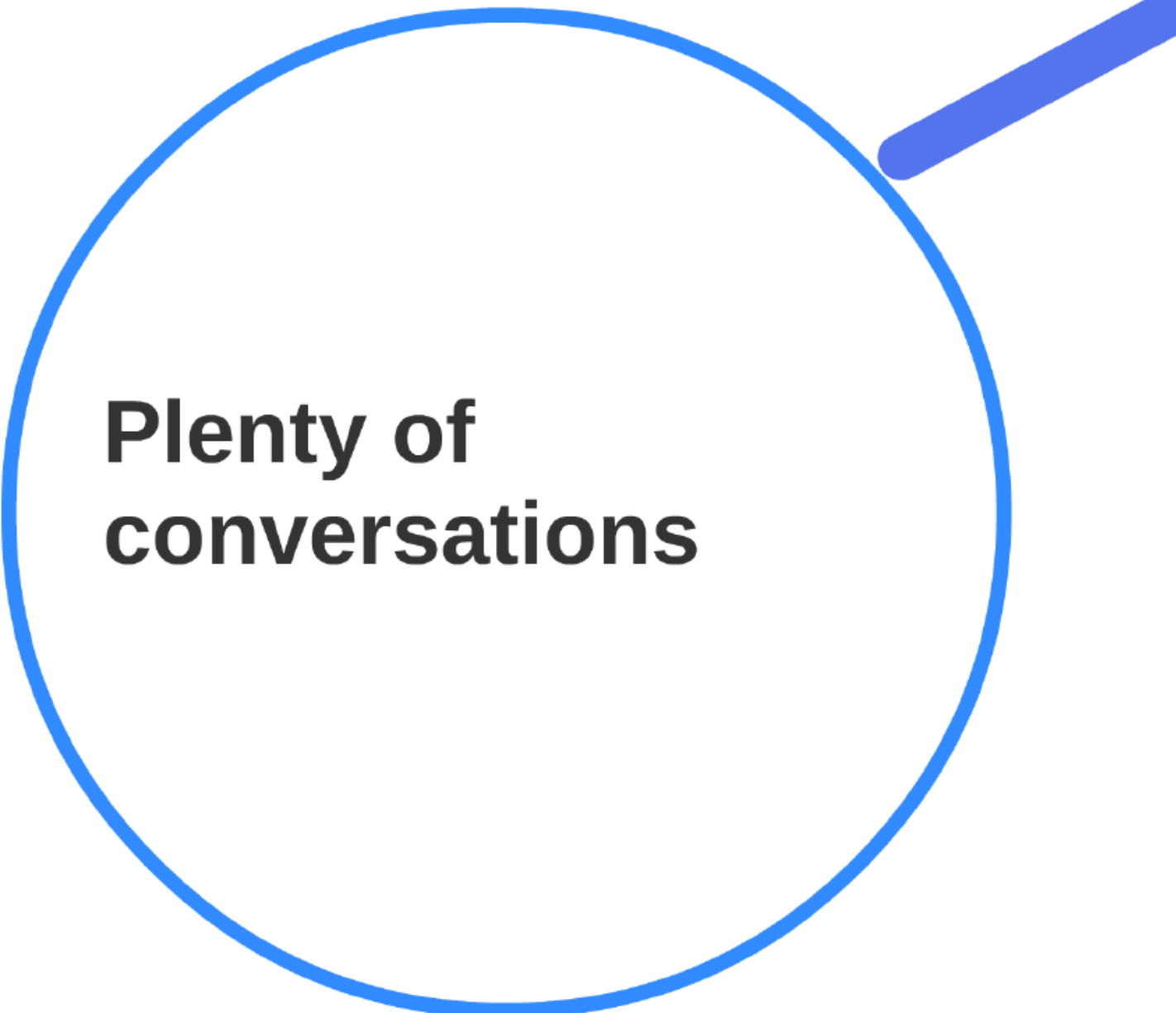
Social Networks

- Shared email. Or personal email where parent's have the password.
- Probably, some social network, with the same email policy.



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graph TD; A((Years 14-19)) --- B((Personal Devices)); A --- C((Social Networks)); A --- D((Plenty of conversations.));
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Years 14-19

Personal Devices

- Smartphone.
- Work for it.
- **Never** give away the latest model.
- No unlimited text, messages and data plans.
- To start with, no browsing
- Laptops and tablets: Really study the needs. It's better to share.

Social Networks

- He should inform parent's when he opens a new social network account and has to be willing to talk about how he uses it

Plenty of conversations.

Pressure is huge...



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Some Helpful Contacts, Links and Resources

Parents can preview and check out the content and ratings of current films, video games and even books on www.common SenseMedia.org, www.screenit.com or www.kidsinmind.com.

For those parents who would like a user friendly and reliable online course on digital technologies, please try www.interactiongroup.org/en. More specifically, it is an educative forum that equips parents and educators with material and instruction regarding adolescent use of Social Media (social networks, internet, video games, etc.).

Finally, for those tech-savvy parents who have been looking for a user-friendly, one-stop-shop, all-encompassing, family suite for all kinds of devices and platforms, feel free to check out www.quotodio.com/en.

You are not alone

Your sons will learn much from your family culture. That is the good news insofar as that allows you to shape what kind of a person they will be. The sometimes-intimidating news is that will be. The sometimes-intimidating news is that as parents you are irreplaceable in this task of passing on the culture. But, not to worry, you are not alone in fulfilling your responsibility. Strathmore is here to help you, and what is far more important, God's grace will always be available to you. All you have to do is ask, and then listen.



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Website:

www.strathmore.ac.ke




HOLIDAYS, FAMILY CULTURE AND PRUDENT USE OF THE INTERNET

Internet safety and device
management made simple



STRATHMORE
SCHOOL



RULE OF THUMB: (In case of doubt)

Better to have rules than to be negligent

Better to be hard than to be soft

Better to say no than to say yes

(Parents will check out the content and rating of
current films on www.common sense media.org,
www.qustodio.com/en
and www.interaxiongroup.org/en).

Healthy Digital Lifestyle Agreement

