

STANDARD 3

2021

YOUR SON AND

MEDIA

The Aim of This Talk

- ▶ Explain your child
- ▶ Explain media
- ▶ Explain Your Child + Media



Professor David Isaacs

Character Building

	Up to 7 years	From 8 to 12 years	From 13 to 15 years	From 16 to 18 years
Predominant Cardinal Virtue	Justice	Fortitude	Temperance	Prudence
Key Theological Virtue		Charity	Faith	Hope
Key Human Virtues	Obedience Sincerity Orderliness	Fortitude Perseverance Industriousness Patience Responsibility Justice Generosity	Modesty Moderation Sociability Friendship Respect-For- Others Simplicity Patriotism	Prudence Flexibility Understanding Loyalty Audacity Humility Optimism
Result	Happiness and human maturity			

Simon Sinek

Happiness Chemicals

Happiness Chemicals	Key Phrases	Example
Endorphins	No Pain	Late night working
Dopamine	One more	Setting and achieving milestones
Serotonin	Loyalty: allegiance	Making the “other” proud
Oxytocin	Intimacy and safety	Family time; one-on-one with boss

Why are media so attractive?

- ▶ Television
- ▶ Radio and music
- ▶ Books and encyclopedias
- ▶ Phone
- ▶ Tablet
- ▶ Video game
- ▶ Internet

Teach them how to use media

- ▶ Plan and set a time for use of media
- ▶ Keep them busy with chores
- ▶ Let them share - it is not theirs anyway
- ▶ When they are of age let them work for it
- ▶ Teach them phone etiquette

Teach them how to use media

- ▶ Agree as a family when internet is switched off
- ▶ Install filters or disable internet with a password
- ▶ Internet in a public place will counter
 - ▶ cyberbullying
 - ▶ predators who prey on children
 - ▶ Sexual content

Teach them how to use media

- ▶ Teach them to appreciate music
- ▶ Provide them with good books
- ▶ Get a list of good family films
- ▶ Be ready to play video games with them
- ▶ Talk and share happy moments

A word on video games

- ▶ They can be a very useful tool to learn certain skills and even virtues
- ▶ Can be a source of vices if not controlled
- ▶ These are rated so learn the ratings
- ▶ I honestly think you will get better value for money buying good books

The ESRB

ESRB Rating Symbols



EARLY CHILDHOOD

Titles rated **EC (Early Childhood)** have content that may be suitable for ages 3 and older. Contains no material that parents would find inappropriate.



EVERYONE

Titles rated **E (Everyone)** have content that may be suitable for ages 6 and older. Titles in this category may contain minimal cartoon, fantasy or mild violence and/or infrequent use of mild language.



EVERYONE 10+

Titles rated **E10+ (Everyone 10 and older)** have content that may be suitable for ages 10 and older. Titles in this category may contain more cartoon, fantasy or mild violence, mild language and/or minimal suggestive themes.



TEEN

Titles rated **T (Teen)** have content that may be suitable for ages 13 and older. Titles in this category may contain violence, suggestive themes, crude humor, minimal blood, simulated gambling, and/or infrequent use of strong language.



MATURE

Titles rated **M (Mature)** have content that may be suitable for persons ages 17 and older. Titles in this category may contain intense violence, blood and gore, sexual content and/or strong language.



ADULTS ONLY

Titles rated **AO (Adults Only)** have content that should only be played by persons 18 years and older. Titles in this category may include prolonged scenes of intense violence and/or graphic sexual content and nudity.



RATING PENDING

Titles listed as **RP (Rating Pending)** have been submitted to the ESRB and are awaiting final rating. (This symbol appears only in advertising prior to a game's release.)

Video games you need discard

- ▶ Game of Thrones
- ▶ Doom
- ▶ God of war
- ▶ Heavy rain
- ▶ Mass effect
- ▶ Dantes inferno
- ▶ Dragon age: origins
- ▶ The saboteur
- ▶ Grand theft auto
- ▶ Leisure suit Larry
- ▶ Godfather 2
- ▶ Mafia 2
- ▶ Cosmic soldier
- ▶ Red dead redemption
- ▶ Fear effect
- ▶ Fahrenheit
- ▶ The sopranos
- ▶ Road to respect
- ▶ Max Payne 2 & 3
- ▶ The witcher
- ▶ L.A. noire
- ▶ Saints row
- ▶ Duke nukem forever
- ▶ Age of conan
- ▶ BMX XXX
- ▶ The darkness
- ▶ The elder scrolls V
- ▶ Far cry

Questions?

THANK YOU