



## VERBAL VICTORY

By Harry Okungu Grade 10 &

Strathmore School delivered a commanding performance at the 8th East Africa World Schools Debate Championship held at USIU from 8th to 11th May 2026, standing out among 29 schools from six countries including Kenya, Uganda, Tanzania, South Sudan, Zimbabwe, and Nigeria.

The school fielded 42 students across 11 teams, all of whom progressed to the knockout stages after the preliminary rounds – a strong indicator of depth, preparation, and consistency. Strathmore was also awarded the Spirit of the Competition Shield for being the most competitive school in the tournament.

The school had four teams that managed to qualify for the main cup where they emerged runners up. Strathmore also produced the 2nd and 3rd best senior speakers, with four speakers placing in the top ten overall.

Top performers included Mark Ndegwa (2nd best senior speaker), Kyle Kwena (3rd), Adriel Mutugi (4th), and Baptista Gichane (9th), while the junior team was led by Adam Mutabari, Ivan Gwaro, and Emmanuel Odhiambo.

With 11 trophies and a shield, Strathmore reaffirmed its dominance, blending eloquence, strategy, and intellectual strength on the regional stage.



### In This Edition:

- Debate
- Grade 8/10 Charity visit
- Swimming
- Chess
- Athletics
- BB



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## GRADE 10 GIVES A HAND AND A HEART

By Jerome Karani Grade 10A

Visiting St. Charles Lwanga High School with my classmates was one of the most heartwarming and memorable experiences I have ever had. The charity visit gave us an opportunity not only to help others, but also to interact with new people and learn the importance of kindness, teamwork, and community.

On arrival, I was impressed by the school's neat and organized environment. The classrooms were spacious and well arranged, reflecting discipline and a strong commitment to learning. My classmates and I participated in cleaning the classrooms by sweeping floors, dusting desks, and arranging chairs properly. During the activities, I built new connection with students like Valentine, a talented dancer, and Rachel, an incredible artist.

Another major highlight of the day was helping in the preparation and serving of food. We worked together with the students to prepare a meal of potatoes, meat, and French beans. The cooking process was filled with excitement and cooperation as everyone played a role in preparing and organizing the meal.

Later, we gathered on the football field for friendly matches that brought excitement, laughter, and teamwork. Students from both schools encouraged one another and celebrated every moment together. By the end of the visit, I realized that the experience was more than just charity work; it was a lesson in compassion, unity, and creating unforgettable memories.



## GRADE 9 TURNS EFFORT INTO "IMPACT"

By Michael Mwangi grade 9A

At 10:00 a.m. on Saturday, accompanied by our teachers, we departed from school and set off for a charity visit to St Mar-tin's School, Kibarage. We carried stationery, clothes, shoes, and food supplies, setting off with excitement and a strong sense of purpose.

On arrival, we were warmly welcomed by the school administration. The head teacher and deputy head teacher gave us a brief history of the school and expressed their gratitude for our visit, creating a warm and friendly atmosphere.

We then engaged in various sporting activities, including football, volleyball, basketball, and handball. The games were lively and enjoyable, filled with teamwork, laughter, and interaction that strengthened our bond with the pupils.

During lunch, we shared a meal with our hosts and assisted the younger children in serving and cleaning up afterwards. These moments of service and cooperation were especially meaningful and highlighted the spirit of humility and unity.

The visit was deeply fulfilling, as the joy on the children's faces reflected the impact of our small act of kindness. We left at around 4:30 p.m., tired but happy, having learned valuable lessons about compassion, unity, and giving back to the community.





## GRANDMASTER PERFORMANCE

By Kyle Kuka grade 10

Strathmore School stamped its authority at the National Youth Chess Championship held at Mang'u High School from 3rd to 7th April, emerging as the Best Secondary School in a tournament defined by high-level tactical battles, calculated risk-taking, and endgame precision.

The Strathmore Team comprising Abel Taji, Justin Jabali, Dylan Muraguri, Kyle Kuka, Christopher Abuodha, and Alvin Kioko displayed excellent board discipline, positional awareness, and composure under pressure, consistently converting openings into strong mid-game advantages.

In the Under-16 section, Kyle Kuka delivered a masterclass in strategic play, navigating complex positions with accuracy to secure 1st place, while Abel Taji demonstrated resilience and sharp calculation to finish 5th. In the Under-14 category, Christopher Abuodha impressed with mature decision-making and strong endgame technique, earning a well-fought 2nd place finish.



## SWISHES SPEAK LOUDER THAN WORDS

by Jerrel Gweth 3A

Strathmore School's U-15 basketball team delivered a sensational performance at the IPPSA Tournament, clinching the championship in emphatic fashion after an unbeaten campaign.

The team announced their intentions early with a dominant 13-0 victory over School of Nations before edging past Juja Preparatory 10-8 in a tightly contested clash. Their confidence continued to soar as they comfortably defeated Samaj 10-0 and overcame Aga Khan 13-8 to finish strongly in the group stages.

In the semi-finals, Strathmore displayed composure and class to brush aside Oshwal 12-6, booking a place in the final against familiar rivals Juja Preparatory.

The final proved to be a thrilling encounter, but Strathmore rose to the occasion with a commanding 20-14 victory to lift the IPPSA title in style.

Driven by teamwork, resilience and attacking brilliance, the Strathmore boys showcased the true spirit of champions and firmly established.





## SWIMPLY THE BEST Courtesy of the swimming team

Strathmore School continued to shine in co-curricular activities after its swimmers produced an impressive medal haul at the KJSSA Swimming Championship held at Aga Khan Kisumu on 7th April 2026.

Leading the team was Ryan Mukoto, who delivered a spectacular performance in the pool by winning gold in the 100m breaststroke. He further showcased his versatility by earning silver in the 100m Individual Medley and bronze in the 50m breaststroke, making him one of the standout swimmers of the event. Michael Kathambana also put in a commendable performance, securing two silver medals in the breaststroke categories after strong finishes in the 150m and 50m events.

Meanwhile, Gabriel Sakwa displayed great determination and skill to clinch a bronze medal in the 100m backstroke, adding to Strathmore's successful outing at the championship.

The swimmers' achievements reflected the team's dedication, discipline, and fighting spirit, with the school community celebrating yet another proud moment in Strathmore's sporting journey.



## BOOKS DOWN, BOOTS ON By Hawi Owuor 10A

The ongoing interclass games competition has continued to thrill students with exciting matches and impressive performances from different classes. The tournament has created a vibrant atmosphere within the school as learners passionately cheer on their teams.

Grade 10 Alpha emerged as one of the strongest sides after defeating Form 3A 3-1 and thrashing Grade 10A 6-2. However, the team later suffered a 6-3 defeat against the attacking-minded Form 3 Alpha in one of the competition's most entertaining fixtures.

Grade 10 Aleph also displayed excellent form, recording two dominant 4-0 victories over Grade 10A before edging out Form 3A 2-1 in a closely contested match. Form 3A, despite earlier defeats, managed to secure a crucial 2-1 win against Grade 10A.

Meanwhile, Form 3 Alpha impressed spectators with their attacking brilliance after defeating Grade 10 Alpha 6-3 and later overcoming Grade 10A 5-3.

As the competition progresses, excitement continues to build across the school as students eagerly await the crowning of the overall champions. Beyond the results, the games have promoted teamwork, discipline, and sportsmanship among learners.





## A LASTING TRY-UMPH UNDER PRESSURE

By Trevor Karanja

On 23rd May 2026, the Bandits recorded mixed results in their Schools Cup encounter against Alliance Boys at Lenana School, with both sides producing contrasting performances.

Bandits II lost 36–24 in a closely contested match that remained competitive for long periods. The younger side showed determination and moments of structured play, staying in the game through disciplined phases and strong defensive effort. However, they were eventually overpowered by a more experienced and physical opposition who capitalised on key opportunities in the closing stages.

In contrast, the senior Bandits team delivered a dominant display, securing a convincing 33–12 victory. They controlled the match through sharp ball movement, solid defence, and effective game management, steadily building pressure and converting their chances with confidence.

A standout moment came from Bandits II fullback Thomas Okila of Grade 9, who produced a brilliant individual try. After gathering a loose kick in his half, he ran through five defenders with quick sidesteps before finishing under the posts. He later repeated a similar attacking run, further highlighting his pace and creativity.

Okila’s performance drew praise from teammates and senior players, who commended his composure and attacking flair.

The Bandits now turn their attention to the semi-finals on 6th June at Samba Park, where they will aim to build momentum and sharpen their performance as they push for a place in the finals.



## ONE STUDENT. 104 COUNTRIES. ONE ESSAY THAT WROTE ITS OWN VICTORY.

When the results of the Lumiere Scholars Essay Award were released, Austin emerged at the top of a highly competitive global field spanning six continents. Out of more than 2,100 essays submitted from 104 countries, he was named the Excellence Award winner, earning a \$1,000 scholarship and entry into one of the world’s most selective youth research programmes.

The award, which recognises students for clarity of argument, depth of research, and originality of thought, is highly competitive and rigorously assessed.

Through the scholarship, Austin gains full access to the Lumiere Research Scholar Programme, a mentorship-based track pairing students with PhD researchers from leading universities such as Harvard, Stanford, and Oxford. The programme offers close academic mentorship, writing and research coaching, guidance toward academic publication, and ongoing support from programme supervisors, alongside opportunities for research publication, academic competitions, and potential transfer credit through UC San Diego.



## LIGHTS, CAMERA, COMPETITION

Courtesy of the media club

During the holiday, the school took part in the Drama and Film Festival, presenting three outstanding entries across different categories.

In the primary school category, the documentary *Guardians of History* earned 4th place. In the junior secondary category, *Fading Voices* also performed strongly, finishing 3RD nationally.

The school also featured a podcast titled *Careers and Pathways*, produced by Yuri Troniak, which similarly secured 4th position at the national level.

